

FACIAL TREATMENTS

We are able to tailor a facial to suit your skins needs.

Specialised Deep Cleanse	R875
Mini Cleanse	R660
Specialised Mask Add On	R180
Instant Glow Facial	R1700
Teen Cleanse	R450

TRANSDERMAL MESOTHERAPY

An advanced skin rejuvenation treatment to nourish, repair and regenerate.

Transdermal Mesotherapy full face	From R550
Add On Serum	From R160 per ml

DERMAPLANING

A non-invasive treatment to remove the top layer of dead skin and vellus hair - leaves the skin glowing.

Dermaplaning including LED	R850
Standalone dermaplaning	R650
Add on to any treatment	R350

PEELS

Superficial to medium peels to treat pigmentation, anti-aging, scarring and deliver overall rejuvenation.

Dermaquest, Mesoesthetics and Lamelle Peels are used.

Starting from	R950
Cosmelan Mask Treatment	On Consultation
A depigmentation solution to effectively treat hyperpigmentation with both a corrective and regulating action thereby achieving long term and sustainable results.	

LED LIGHT THERAPY

A therapeutic treatment to treat many skin conditions.

Add On Light only to a Facial	R200
Add on Light and Serum to a facial	R400
Standalone Treatment - Cleansing the skin, application of indicated serum, LED light and finishing products	R500

DERMAPEN

For lines, scarring, enlarged pores and skin rejuvenation. The treatment includes a superficial peel.

Face	R1500
Face & Neck	R2000
Face, Neck & Décolleté	R3100
Face, Neck including LED	R2150
All other areas,	price upon consultation
Derampen with Exosomes Face & Neck	R3000
Derampen with Exo-Grow Hair	R2250

FRACTIONAL RF MICRONEEDLING

Insulated microneedles penetrate into the dermis resulting in the production of collagen and elastin fibres, making the skin healthier and firmer.

Face & Neck	R2750
Face, Neck & Décolleté	R3250

SKIN REJUVENATION

Laser skin rejuvenation to treat pigmentation and redness.

Face	R1500
Neck	R800
Décolleté	R1500
Arms	From R1600

SKIN TIGHTENING

The use of Near InfraRed to deliver skin tightening, reduce pore size and give an overall glow.

Face	R1400
Face & Neck	R1900
Décolleté	R1400
Neck	R800

LASER HAIR REMOVAL

This virtually pain free technology sets this treatment apart from other hair removal treatments.

Full leg	R2600	Belly button path	R300
Half leg	R2050	Bikini (sides only)	R530
Underarms	R500	Bikini (sides & top)	R650
Full arm	R1525	Areola	R170
Half arm (excl/incl elbow)	R910/R1150	Neck	R350
Lip and chin	R500	Unibrow	R250
Upperlip	R250	Beard Lines (incl neck)	R1050
Chin	R350	Full Head	R1650
Full face	R1800	Brazilian	R850
Full back	R2600	Full bikini	R1150
Shoulders	R900	Toes	R250
Chest	R1600	Stomach	R2050

LAMPROBE

For vascular lesions, skin tags, DPNs and milia From R600 – R1200

HIFU – HIGH INTENSITY FOCUSED ULTRA SOUND

Vaginal Rejuvenation R1500

Courses are offered for all areas, please contact us to enquire.

CLEARLIFT Q-SWITCH ND-YAG

MULTI FUNCTIONAL TREATMENT FOR ALL SKIN TYPES

Treating fine lines, wrinkles, skin laxity, pigmented lesions, texture, cherry angiomas and tattoo removal.

Full face	R2800	Half face	R1375
Eyes or Mouth	R950	Neck	R1075
Face & neck & Decollete	R4350	Hands	R1005
Tattoo removal	Pricing on request		

MEDICAL AESTHETIC TREATMENTS

Dr Michelle Blom is an aesthetic doctor, she is available by appointment for the following.

Please book a consultation for an assessment and costs.

Botulinum toxin
Filler
Profilo 2 sessions
Sculptra
HArmonyCa
Skin Boosters

SPA & SKIN

HYDROTHERAPY

SAUNA, STEAM, JACUZZI & PLUNGE POOL

RASUL

60 min **R600/ person**

45 min **R500/person**

SPA PACKAGES

CLASSIC HALF DAY

Welcome Ritual and refreshment, Rasul, 60min Unwind Massage, Brigit Filmer Deep Cleanse Facial, Classic Pedicure and light lunch. **R2200**

HARMONY FULL DAY

Welcome Ritual, Hydrotherapy, Exfoliation & Wrap, 60min Signature Serenity Massage, Guinot Hydradermie Facial, Classic Manicure and Pedicure and light lunch. **R3750**

BESTIES PACKAGE

30 min Back Massage, Glow On The Go Facial, Classic Pedicure and light lunch **R1250**

RECHARGE ME

Back Exfoliation + Massage, Foot Exfoliation + Massage and a light lunch **R900**

MOOD AND SPIRIT JOURNEY

Back Massage, Express Facial, Express Pedicure and a light lunch **R950**

BUILD YOUR OWN

2h30 – **R1650**

3h30 – **R2050**

Personalise your spa experience, create your ideal package by choosing your favourite treatments from the below. (End of your treatments with a light meal and refreshment)

30 MIN TREATMENTS

Express Manicure
Express Pedicure
Indian Head Massage
Full Body Exfoliation
Glow-on-the-go

60 MIN TREATMENTS

Hot Stone Massage
Unwind Massage
Mini Cleanse Facial
Classic Pedicure
Classic Manicure

SPA BODY

Back Cleanse	45 min	R700
Body Exfoliation	30 min	R400
Body Exfoliation, Wrap & Massage	90 min	R1250
Body Exfoliation & Massage	80 min	R1000
Self Tan (incl Exfoliation)	60 min	R500

TEEN TREATMENTS (15 & under)

Back Massage	30 min	R370
Back Cleanse	45 min	R470
Teen Mini Cleanse	45 min	R440
Express Manicure	30 min	R150
Express Pedicure	30 min	R170

MASSAGE TREATMENTS

if you book any of our massages as a couple you will receive 10% off.

BRIGIT FILMER SIGNATURE SERENITY MESSAGE

40 min **R500** 60 min **R700** 120 min **R1300**

UNWIND MESSAGE

40 min **R450** 60 min **R650** 90 min **R850**

HOT STONE MESSAGE

40 min **R540** 60 min **R750** 90 min **R900**

PREGNANCY NUTURE MESSAGE

60 min **R700**

RUNGU MESSAGE

60 min **R700**

INDIAN HEAD HEAD MESSAGE

45 min **R500**

BACK & INDIAN HEAD MESSAGE

60 min **R700**

SOLE THERAPY TREATMENT

45 min **R550**

RELEXOLOGY

45 min **R500**

FACIAL MESSAGE

Massage of the head, face and shoulder

30 min **R450**

FACIAL TREATMENTS

Glow-On-The-Go Facial	30 min	R450
Brigit Filmer Mini Cleanse	45 min	R650
Brigit Filmer Deep Cleanse	75 min	R800
Guinot Deep Cleanse	75 min	R950
Express Facial with high frequency	45 min	R495
Teen Facial (acne skins)	45 min	R450

DELUXE FACIALS

Brigit Filmer Signature Facial	90 min	R900
Guinot Hydradermie	105 min	R1700
Guinot Age Summum	75 min	R1700
Guinot PH Peeling	75 min	R1700
Guinot Combo Treatment	120 min	R2200
Guinot Hydra Summum	75 min	R1900
Guinot Lift Summum	75 min	R1900
Guinot Eye Lift	75 min	R1200

ADD ON TREATMENTS

Guinot Eye Lift (as add on to facial)	15 min	R550
Galvanic	15 min	R250
Ampoules		R190

HAND TREATMENTS

File & Paint	20 min	R180
Gel Overlay	60 min	R320
Classic Manicure with paint	60 min	R320
Classic Manicure with gel	75 min	R440
Luxury Manicure with paint	75 min	R450
Luxury Manicure with gel	90 min	R560

FOOT TREATMENTS

File & Paint	20 min	R160
Gel Overlay	45 min	R260
Mini Pedicure	30 min	R250
Mini Pedicure with gel	60 min	R350
Classic Pedicure with paint	60 min	R385
Classic Pedicure with gel	75 min	R480
Luxury Pedicure with paint	90 min	R530
Luxury Pedicure with gel	105 min	R650
Medi Exfoliating Pedicure	75 min	R520
Reflexology Pedicure	90 min	R600

KIDS TREATMENTS – FOR CHILDREN UNDER 10

Mini Pedi	30 min	R150
Mini Mani	30 min	R150

ADD ON TO HAND & FOOT TREATMENTS

French Paint		R60
Paraffin Dip		R120
Gel Soak Off		R80
Medi Heel		R150
Foot Massage	30 min	R300

WAXING

Eyebrow/ Lip / Chin / Nose	R100		
Full Face	R290	Underarm Wax	R150
Half Leg Wax	R245	Half Arm Wax	from R190
Full Leg Wax	from R315	Full Arm Wax	from R250
Standard Bikini	R200	Back Wax	from R260
Brazilian Bikini	R290		
Full Bikini	R350		

MEN'S WAXING

Ear / Nose / Eyebrow/	R100
Ear & Nose	R180
Stomach Wax	R300
Back Wax	R380
Chest Wax	R360
Full Leg Wax	R350
Full Arm Wax	R260
Underarm Wax	R200

MEN'S HANDS & FEET

Express Manicure	R180
Express Pedicure	R200
Classic Manicure	R260
Classic Pedicure	R320

EYEBROW & EYELASH ENHANCING

Eyelash Tinting	R150
Eyebrow Tinting	R100
Eyelash & Eyebrow Tinting	R210
Keratin Lash Curl/ Brow	R480
Eyebrow Tinting & Wax	R180
Eyelash & Eyebrow Tint & Eyebrow Wax	R290