



BRIGIT FILMER

SPA • SKIN • AESTHETICS

March is a marvellous month to indulge in some me-time. De-stress with some relaxing aquatic and massage therapy at our Spa or pamper your skin with the revolutionary, new BioRePeel facial peel.



Hydrotherapy is heavenly! Create a calm space for your mind, body and soul using the complementary mediums of different water temperatures and Swedish Massage technique.

- 30 Minute Steam Room & Plunge Pool
- 40 Minute Unwind Massage
- R 550 per person



Lustrous, radiant skin like you've never experienced! BioRePeel is a 2-phase chemical peel used to improve the skin's appearance and treat a variety of skin concerns. This non-invasive therapy can be executed as a stand-alone treatment or as part of a facial.

- Stimulates production of collagen and elastin
- Improves cellular turnover
- Boasts a concentration of 35% TCA
- R 1550 per person

Call the Spa on **087 0861080** or **031 7671668** to secure your booking.