

FACIAL TREATMENTS

We are able to tailor a facial to suit your skins needs.

Specialised Deep Cleanse	R825
Mini Cleanse	R625
Specialised Mask Add On	R150
Instant Glow Facial	R1500
(peel, transdermal mesotherapy and LED light)	

TRANSDERMAL MESOTHERAPY

An advanced skin rejuvenation treatment to nourish, repair and regenerate.

Transdermal Mesotherapy full face	From R550
Add On Serum	From R150 per ml

DERMAPLANING

A non-invasive treatment to remove the top layer of dead skin and peach fuzz hair, leaves the skin glowing.

Dermaplaning including LED	R800
Standalone dermaplaning	R600
Add on to any treatment	R300

PEELS

Superficial to medium peels to treat pigmentation, anti-aging, scarring and overall rejuvenation.

Starting from	R900
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Dermaquest and Mesoesthetic peels are used.

Cosmelan Mask Treatment

On Consultation

A depigmentation solution to effectively treat hyperpigmentation with both a corrective and regulating action thereby achieving long term and sustainable results.

LED LIGHT THERAPY

A therapeutic treatment to treat many skin conditions.

Standalone Treatment -	R200
Including Serum	R350
LED Facial	R450

DERMAPEN

For fine lines, wrinkles, scarring, enlarged pores, skin tone, texture and overall rejuvenation. The treatment includes a superficial peel.

Face	R1400
Face & Neck	R1900
Face, Neck & Décolleté	R2900
Face and Neck including LED	R2100
All other areas,	price upon consultation

FRACTIONAL RF MICRONEEDLING

A combination of Radiofrequency and microneedling to build collagen, treat fine lines and wrinkles, improve scarring and pigmentation.

Face & Neck	R2700
Face, Neck & Décolleté	R3200

SKIN REJUVENATION

Laser skin rejuvenation to treat pigmentation and redness.

Face	R1250
Neck	R650
Décolleté	R1150
Arms	From R1250

SKIN TIGHTENING

The use of Near InfraRed to treat skin tightening, pore size reduction and give an overall glow.

Face	R1150
Face & Neck	R1550
Décolleté	R1050
Neck	R650

HIFU – HIGH INTENSITY FOCUSED ULTRA SOUND

HIFU is commonly used for skin tightening and lifting and reduces the appearance of fine lines and wrinkles. HIFU can induce fat reduction and tighten loose skin, providing contouring and toning effects. It is a non-invasive solution for enhancing both facial and body aesthetics, with minimal downtime and long-lasting results.

Face	R950
Face and Neck	R1700
Face neck and Decollete	R2200
Neck	R800
Body 1st Area	R950
Body 2nd Area's	R650
Vaginal Rejuvenation	R1500

Courses are offered for all areas, please contact us to enquire.

LASER HAIR REMOVAL

This virtually pain free technology sets this treatment apart from other hair removal treatments.

Full leg	R2600	Full back	R2600
Half leg	R2050	Shoulders	R1200
Underarms	R500	Chest	R1600
Full arm	R2050	Std bikini	R600
Half arm	R1200	Brazilian	R800
Lip & Chin	R500	Full bikini	R1050
Upperlip	R250	Toes	R250
Chin	R350	Stomach	R2050
Full face	R1000		

LAMPROBE

For vascular lesions, skin tags, DPNs and milia

From R330 – R850

MEDICAL AESTHETIC TREATMENTS

Dr Michelle Blom is an aesthetic doctor, she is available by appointment for the following.

Please book a consultation for an assessment and costs

Botox

Fillers

Skin boosters

HarmonyCa

Profhilo

Sculptra

SPA & SKIN

HYDROTHERAPY

SAUNA, STEAM, JACUZZI & PLUNGE POOL

60 min **R500/ person**

RASUL

45 min **R450/person**

SPA PACKAGES

ON THE GO!

3 hours **R1250**

Welcome ritual, including welcome refreshment, 30min unwind back massage, Brigit Filmer mini cleanse, express manicure and express pedicure. Incl cappuccino and muffin

CLASSIC HALF DAY

5 hours **R2400**

Welcome ritual, including welcome refreshment, rasul, 60min unwind massage, Brigit Filmer deep cleanse facial, light lunch & hydrotherapy, classic manicure, or classic pedicure

HARMONY FULL DAY

7hrs 30min **R3100**

Welcome ritual, including welcome refreshment, body exfoliation & wrap, 60min signature serenity massage, light lunch & hydrotherapy, Guinot deep cleanse facial, classic manicure, and pedicure

RECHARGE ME

1 hrs 45min **R900**

A back exfoliation with massage, followed by a foot exfoliation and massage and includes a light lunch.

BESTIES PACKAGE

2 hrs 30min **R1150/person**

30min back massage, glow on the go facial, classic pedicure & light lunch

DESTRESS BUILD YOUR OWN

2H30 – **R1450**
3h30 – **R1900**

Personalise your spa experience, create your ideal package by choosing your favourite treatments from the below;

30 MIN TREATMENTS

Express Manicure
Express Pedicure
Indian Head Massage
Unwind Back, Neck and Shoulder
Full Body Exfoliation

60 MIN TREATMENTS

Hot Stone Massage
Unwind Massage
Mini Cleanse Facial
Classic Pedicure

MASSAGE TREATMENTS

if you book any of our massages as a couple you will receive 10% off.

BRIGIT FILMER SIGNATURE SERENITY MESSAGE

40 min **R480** 60 min **R650** 120 min **R1020**

UNWIND MESSAGE

40 min **R450** 60 min **R610** 90 min **R730**

HOT STONE MESSAGE

40 min **R510** 60 min **R700** 90 min **R830**

PREGNANCY NUTURE MESSAGE

75 min **R710**

RELEXOLOGY

45 min **R450**

INDIAN HEAD HEAD MESSAGE

45 min **R480**

BACK & INDIAN HEAD MESSAGE

60 min **R650**

SOLE THERAPY TREATMENT

45 min **R500**

Shape away

Cellulite treatment – includes scrub, light massage with massage tools and wrap to targeted areas.

Stomach and Arms 60 min **R550**

Thighs and Buttocks 60 min **R550**

SPA BODY

Back Cleanse 45 min **R620**
Body Exfoliation 30 min **R350**
Body Exfoliation, Wrap & Massage 90 min **R1020**

TEEN TREATMENTS (15 & under)

Back massage 30 min **R370**
Back Cleanse 45 min **R470**
Teen Mini Cleanse 45 min **R400**
Express Manicure 30 min **R150**
Express Pedicure 30 min **R170**
Half leg, underarm and std bikini wax **R420**
Full leg, underarm and std bikini wax **R520**

FACIAL TREATMENTS

Glow-On-The-Go Facial	30 min	R400
Brigit Filmer Mini Cleanse	45 min	R550
Brigit Filmer Deep Cleanse	75 min	R700
Guinot Deep Cleanse	75 min	R850
Express facial with high frequency (acne skins)	45 min	R450

DELUXE FACIALS

Brigit Filmer Signature Facial	90 min	R850
Guinot Hydradermie	90 min	from R1250
Guinot Age Summum	75 min	R1350
Guinot Detoxygene	75 min	R1400
Guinot PH Peeling	75 min	R1300
Guinot Hydra Summum	75 min	R1450
Guinot Combo Treatment	120 min	R1900

ADD ON TREATMENTS

Guinot Eye Lift as add on to facial	15 min	R400
Galvanic	15 min	R250
Ampoules		R170

HAND TREATMENTS

Express Manicure	30 min	R200
Express Manicure with gel	60 min	R320
Classic Manicure with paint	60 min	R290
Classic Manicure with gel	75 min	R410
Luxury Manicure with paint	75 min	R415
Luxury Manicure with gel	90 min	R535

FOOT TREATMENTS

Express Pedicure	30 min	R210
Express Pedicure with gel	60 min	R320
Classic Pedicure with paint	60 min	R330
Classic Pedicure with gel	75 min	R450
Luxury Pedicure with paint	90 min	R515
Luxury Pedicure with gel	105 min	R630
Medi Exfoliating Pedicure	75 min	R470
Reflexology Pedicure	90 min	R530

ADD ON TO HAND & FOOT TREATMENTS

French Paint		R30
Paraffin Dip		R100
Gel Soak Off		R75
Medi Heel		R130
Foot Massage	30 min	R300

WAXING

Please note some waxes may have a surcharge. Book 3 or more body combinations at 10% discount

Eyebrow/ Lip / Chin / Nose	R90	Underarm	R130
Full Face	R260	Half Arm Wax	from R180
Half Leg Wax	R230	Full Arm Wax	from R230
Full Leg Wax	from R310	Chest Wax	from R260
Standard Bikini	R170	Back Wax	from R260
Brazilian Bikini	R280		
Full Bikini	R330		

BROW AND LASH ENHANCING

Eyelash Tinting	30 min	R140
Eyebrow Tinting	30 min	R90
Eyelash & Eyebrow Tinting	45 min	R180
Keratin Lash Curl/ Brow	60 min	R470
Brow Tint and Wax	30 min	R150
Eyelash & Eyebrow Tint & Eyebrow Wax	45 min	R240