

FACIAL TREATMENTS

We are able to tailor a facial to suit your skins needs.

Specialised Deep Cleanse	R750
Mini Cleanse	R550
Specialised Mask Add On	R150
Instant Glow Facial	R1000
Teen Cleanse	R350

TRANSDERMAL MESOTHERAPY

An advanced skin rejuvenation treatment to nourish, repair and regenerate.

Transdermal Mesotherapy full face	From R500
Add On Serum	From R250 per ml

DERMAPLANING

A non-invasive treatment to remove the top layer of dead skin and vellus hair - leaves the skin glowing.

Dermaplaning	R800
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PEELS

Superficial to medium peels to treat pigmentation, anti-aging, scarring and deliver overall rejuvenation.

Dermaquest and Mesoesthetic peels are used. Starting from	R800
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Cosmelan Mask Treatment **On Consultation**

A depigmentation solution to effectively treat hyperpigmentation with both a corrective and regulating action thereby achieving long term and sustainable results.

LED LIGHT THERAPY

A therapeutic treatment to treat many skin conditions.

Add On Light only to a Facial	R200
Add on Light and Serum to a facial	R350
Standalone Treatment - Cleansing the skin, application of indicated serum, LED light and finishing products	R450

DERMAPEN

For lines, scarring, enlarged pores and skin rejuvenation. The treatment includes a superficial peel.

Face	R1250
Face & Neck	R1700
Face, Neck & Décolleté	R2550
All other areas,	price upon consultation
PRP Face & Neck	R3500

FRACTIONAL RF MICRONEEDLING

Insulated microneedles penetrate into the dermis resulting in the production of collagen and elastin fibres, making the skin healthier and firmer.

Face & Neck	R2700
Face, Neck & Décolleté	R3100

SKIN REJUVENATION

Laser skin rejuvenation to treat pigmentation and redness.

Face	R1150
Neck	R600
Décolleté	R1000
Arms	From R1000

SKIN TIGHTENING

The use of Near InfraRed to deliver skin tightening, reduce pore size and give an overall glow.

Face	R1000
Face & Neck	R1400
Décolleté	R900
Glow Facial Face & Neck	R1800

LASER HAIR REMOVAL

This virtually pain free technology sets this treatment apart from other hair removal treatments.

Full leg	R3300	Full back	R3300
Half leg	R2050	Shoulders	R1600
Underarms	R500	Chest	R2050
Full arm	R2050	Std biking	R600
Half arm	R1200	Brazilian	R800
Upperlip	R250	Full bikini	R1050
Lip & Chin	R500	Toes	R250
Chin	R350	Stomach	R2050
Full face	R1000		

LAMPROBE

For vascular lesions, skin tags, DPNs and milia **From R330 – R850**

MEDICAL AESTHETIC TREATMENTS

Dr Michelle Blom is an aesthetic doctor, she is available by appointment for the following.

Please book a consultation for an assessment and costs.

Botulinum toxin	R80/unit Average R2500 – R3500
Filler	From R2200 – R4000
Profilo 2 sessions	R8000
Sculptra	per session R6000
HAmonyCa Dermal filler	R10000
Threads	
Mono Thread Packages	From R4400
Anchor Threads	From R1650
Mesotherapy	From R1200
PRP Mesotherapy	R1950
DesoFace Lipolytic injection	From R1350
DesoBody Lipolytic injections	From R1500

SPA & SKIN

HYDROTHERAPY

SAUNA, STEAM, JACUZZI & PLUNGE POOL

1 Guest	60 min	R400
2 or more Guests	60 min	R250/person

RASUL

1 Guest	45 min	R450
2 or more Guests	45 mins	R350/person

SPA PACKAGES

ON THE GO!

3 hours	R1150
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Welcome Ritual, 30 min Unwind Back Massage, Brigit Filmer Mini Cleanse, Express Manicure and Express Pedicure. Including Cappuccino

CLASSIC HALF DAY

5 hours	R2000
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Welcome Ritual, Rasul, 60 min Unwind Massage, Brigit Filmer Deep Cleanse, Snack & Hydrotherapy, Classic Manicure OR Classic Pedicure

HARMONY FULL DAY

7hrs 30min	R2800
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Welcome Ritual, Exfoliation & Wrap, 60min Signature Serenity Massage, Snack & Hydrotherapy, Brigit Filmer Signature Facial, Classic Manicure & Classic Pedicure

MOM-TO-BE PACKAGE

2hrs 30min	R1000
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Back Massage, Mini Cleanse Facial and Classic Pedicure. After 1st Trimester

GIRLFRIENDS TOP-TO-TOE

2 hrs 30min	R1050/person
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Back & Indian Head Massage, Luxury Spa Pedicure. Including Cappuccino

RECHARGE ME

1 hrs 45min	R900
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Back Exfoliation + Massage, Foot Exfoliation + Massage and a light lunch

MOOD AND SPIRIT JOURNEY

2 hrs 30min	R950
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Back Massage, Express Facial, Express Pedicure and a light lunch

BUILD YOUR OWN

2h30 – R1300
3h30 – R1750

Personalise your spa experience, create your ideal package by choosing your favourite treatments from the below;

30 MIN TREATMENTS

Express Manicure
Express Pedicure
Indian Head Massage
Unwind Back, Neck and Shoulder
Full Body Exfoliation

60 MIN TREATMENTS

Hot Stone Massage
Unwind Massage
Mini Cleanse Facial
Classic Pedicure

SPA DAY FOR KIDS

20 min Massage OR File and Paint on feet
20 min Express Facial
File and Paint on hands

R400

SPA BODY

Back Cleanse	45 min	R600
Body Exfoliation	30 min	R320
Body Exfoliation, Wrap & Massage	90 min	R1000
Self Tan (incl Exfoliation)	60 min	R450

TEEN TREATMENTS (15 & under)

Back massage	30 min	R350
Back Cleanse	45 min	R450
Teen Mini Cleanse	45 min	R350
Express Manicure	30 min	R130
Express Pedicure	30 min	R140

MESSAGE TREATMENTS

if you book any of our massages as a couple you will receive 10% off.

BRIGIT FILMER SIGNATURE SERENITY MESSAGE

40 min R460	60 min R630	120 min R1000
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UNWIND MESSAGE

40 min R430	60 min R590	90 min R710
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HOT STONE MESSAGE

40 min R490	60 min R680	90 min R810
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PREGNANCY NUTURE MESSAGE

75 min **R690**

RELEXOLOGY

45 min **R450**

INDIAN HEAD HEAD MESSAGE

25 min **R380**

BACK & INDIAN MESSAGE

60 min **R630**

CBD WELLNESS JOURNEY

60 min **R950**
Steam room time, simultaneous double therapist massage over the back of the body including CBD oil application + CBD oral therapy

FACIAL TREATMENTS

Glow-On-The-Go Facial	30 min	R350
Brigit Filmer Mini Cleanse	45 min	R500
Brigit Filmer Deep Cleanse	75 min	R675
Guinot Deep Cleanse	75 min	R750
Dr Schrammek Deep Cleanse	75 min	R750

DELUXE FACIALS

Brigit Filmer Signature Facial	90 min	R800
Guinot Hydradermie	105 min	from R1000
Guinot Age Summum	75 min	R1050
Guinot Detoxygene	75 min	R1250
Guinot PH Peeling	75 min	R1050
Guinot Combo Treatment	120 min	R1900
Dr Schrammek Green Peel	60 min	from R1000

ADD ON TREATMENTS

Guinot Eye Lift as add on to facial	15 min	R350
Guinot Eye Lift as stand alone treatment	25 min	R450
Galvanic	15 min	R200
Ampoules		R150
Wrinkle smoothing / eye firming treatment		R250

HAND TREATMENTS

Express Manicure	30 min	R180
Express Manicure with gel	60 min	R300
Classic Manicure with paint	60 min	R270
Classic Manicure with gel	75 min	R390
Luxury Manicure with paint	75 min	R395
Luxury Manicure with gel	90 min	R515

FOOT TREATMENTS

Express Pedicure	30 min	R190
Express Pedicure with gel	60 min	R300
Classic Pedicure with paint	60 min	R310
Classic Pedicure with gel	75 min	R430
Luxury Pedicure with paint	90 min	R495
Luxury Pedicure with gel	105 min	R610
Medi Exfoliating Pedicure	75 min	R450

KIDS TREATMENTS – FOR CHILDREN UNDER 10

Mini Pedi	30 min	R120
Mini Mani	30 min	R110

ADD ON TO HAND & FOOT TREATMENTS

French Paint		R30
Paraffin Dip		R90
Gel Soak Off		R65
Medi Heel		R120
Foot Massage	20 min	R250

Nail Extensions

Full Set with Nail Art		R500
Fill		R250

PEDIQUE

Treats broken and ingrown nails.

Nail Repair	15 min	from R100 – R170
Pedique Application	60 min	R450
Pedique Rebalance	45 min	R380

WAXING

Eyebrow/ Lip / Chin / Nose	R80	Underarm	R120
Full Face	R250	Half Arm Wax	from R170
Half Leg Wax	R220	Full Arm Wax	from R220
Full Leg Wax	from R300	Chest Wax	from R250
Standard Bikini	R160	Back Wax	from R250
Brazilian Bikini	R270		
Full Bikini	R320		

BROW AND LASH ENHANCING

Eyelash Tinting	30 min	R130
Eyebrow Tinting	15 min	R80
Eyelash & Eyebrow Tinting	45 min	R170
Keratin Lash Curl/ Brow	60 min	R460

SHAPE AWAY

Cellulite Treatment – including scrub, light massage and wrap to targeted areas.

Stomach & Arms	R550
Thighs & Buttocks	R550